

# Speakers' Biographies

## **Felix Chan** *MB, BCh, MSc, FRCP, FHKCP, FHKAM*

Dr Felix Chan Hon-wai is Honorary Clinical Associate Professor of the Division of Geriatrics in the Department of Medicine at The University of Hong Kong. He is Co-Chair of the Grant Review Board for the Health & Health Services Research Fund and the Research Fund for the Control of Infectious Diseases, Immediate Past President of the Hong Kong Geriatrics Society, a Member of the Guardianship Board, a Member of the Elderly Commission, Programme Director of Advanced Internal Medicine of Hong Kong West Cluster and Cluster Coordinator of Community Care Services. He is Chief of Service (Medicine) of TWGHs Fung Yiu King Hospital, in-charge of the Hong Kong West Community Geriatric Assessment Team, Community Nursing Service, Patient Resource Centres and volunteers' services. His research interests are in community geriatrics, nutrition, and drug use in older persons.

## **Maggie Chan** *BSocSc, Dip, MSocSc, RSW*

Ms Maggie Chan Mei-kit, a registered social worker, is currently Director of Social Work Services Division of Caritas – Hong Kong. She obtained her BSocSc and MSocSc degrees from The University of Hong Kong. As Director of Social Work Services, she coordinates more than 100 social work service units and around 2,900 staff to render quality services to children, youth, families, elderly, disabled people and the community. With the mission of serving the deprived people and bringing them love and hope, Ms Chan and her colleagues

work closely with Caritas Medical and Education Division to render holistic and integrated services to the community. Her current public service includes the following: a Member of the Social Work Advisory Committee and a Member of the Public Education & Research Committee of the Equal Opportunities Commission.

## **Peter Chan** *MSW, MPH*

Mr Peter Chan Hong-to is Chief Project Administrator of CADENZA: A Jockey Club Initiative for Seniors. He was Executive Director of the Hong Kong Society for the Aged in 2007. Between 2003 - 2007, Mr Chan was Director of Strategic Initiatives and Special Projects of Richmond Health Services, Vancouver Coastal Health, BC, Canada, championing primary and community health care redesign. For over 12 years prior to that position, he held several leadership positions within the Health Authority including Programme Manager of Diagnostics, Pharmacy and Allied Health; Administrator of Minoru Residence, a 200-bed extended care facility for people with disabilities and chronic conditions; and Manager of Patient and Family Counseling of The Richmond Hospital. Between 2000 - 2003, he was appointed Consultant of Long Term Care, Health, Welfare and Food Bureau of the Government of Hong Kong Special Administrative Region.

Mr Chan holds two Master Degrees, one in Social Work and one in Public Health from the University of Hawaii at Manoa. He contributed in several publications on

long term care including "Long Term Care in the 21st Century: Perspective from around the Asia Pacific Rim" by Haworth Press (2002).

## **Wayne Chan** *MSc, BScPT, RPT*

Mr Wayne Chan is a physiotherapist in the Department of Medicine and Therapeutics at The Chinese University of Hong Kong. He obtained his Bachelor of Science in Physiotherapy from The Hong Kong Polytechnic University. He continued his studies and completed his Master of Science in Clinical Gerontology. Mr Chan is currently working for CADENZA: A Jockey Club Initiative for Seniors and involved in designing and implementing self-management programmes for older people with various chronic diseases and conditions in the community setting. His research interests include the management of chronic diseases, health promotion and physical exercises for older people.

## **Elsie Hui** *BSc, MBBS, MRCP, FHKCP, FHKAM*

Dr Elsie Hui, being a specialist in Geriatric Medicine, is currently Senior Medical & Health Officer of the Medical & Geriatric Unit at Shatin Hospital. She holds an honorary position in the Faculty of Medicine at The Chinese University of Hong Kong as Adjunct Assistant Professor.

Dr Hui obtained her Bachelor of Medicine & Surgery (MB BS) degree in 1989 from the University of London. She furthered her studies and achieved other postgraduate

qualifications in MRCP (UK) Part II, FHKAM (Geriatric Medicine) and FRCP (Edinburgh).

Her research interests include the applications of telemedicine, various aspects of residential care (nutritional problems, infections, assessment tools, etc.) and the management of incontinence.

Over the years, she has published over 40 peer-reviewed papers and her latest research is on rehabilitation and self-management of chronic diseases.

**Steve Iliffe** *BSc, MRCS, LRCP, MBBS, DRCOG, DCH, MRCP*  
Professor Steve Iliffe is an academic general practitioner who has worked in a large socially diverse inner-city group practice in N.W. London for 30 years. The first Professor of Primary Care for Older People in the UK, he is also Co-Director (with Professor Ann Bowling) of the Centre for Ageing Population Studies in the Department of Primary Care and Population Sciences at University College London. His research interests are in health promotion in later life and in dementia syndromes, and he is Chief Investigator of the NIHR funded EVIDEM programme 2007-2012 (Evidence based interventions in dementia). He is Associate Director for the UK national co-ordinating centre for Dementias & Neurodegenerative Diseases Research networks (DENDRON), and was a Member of the NICE/SCIE dementia guidelines development group from 2004 to 2006. He was also a Member of the Age Concern Inquiry into Mental Health and Well being in later life in 2006, and of the External Reference Group for the National Dementia Strategy in 2008.

**Bernard Kong** *MB, MRCP, FHKCP, FHKAM, FRCP, FRCP*

Dr Bernard Kong is Consultant Physician in the Department of Medicine at Pamela Youde Nethersole Eastern Hospital. He also serves as Honorary Consultant of Ruttonjee Hospital and Wong Chuk Hang Hospital, Consultant in-charge of the Hong Kong Island East Community Geriatric Assessment Team and Deputy Director of the Hong Kong East Cluster Community Service. He is Honorary Associate Professor in the Faculty of Medicine at The University of Hong Kong and Honorary Consultant on elderly service in various NGOs.

Dr Kong involves heavily in clinical teaching of geriatric medicine and is currently a Member of the Hong Kong College of Physician Subspecialty Board in Geriatric Medicine and the Programme Director of Hong Kong Island.

Apart from his heavy clinical duty, Dr Kong is active in community services. He is Founding President of the Hong Kong Society of Medical Professionals. This newly established society comprises healthcare professionals from different disciplines, with the main objective to building a better society through charitable work for the underprivileged and the needy in Hong Kong and mainland China.

As an expert in geriatrics and gerontology, Dr Kong's major research interests are in nutrition in old age, medical and social integration, dementia, community geriatrics, fall prevention, and infection diseases of the elderly. He has presented his research work in local and international conventions and spoken widely in the field

of elderly service. Currently, he is President of the Hong Kong Geriatrics Society.

**Victoria Kwok** *JP, BSocSc, MSocSc, RSW*

Mrs Victoria Kwok is Social Services Director of The Salvation Army Hong Kong and Macau Command. Mrs Kwok is also Honorary Secretary of the Hong Kong Association of Gerontology, a Member of the Executive Committee of the Hong Kong Council of Social Service, Panel Expert of the Hong Kong Council of Accreditation of Academic and Vocational Qualifications, and a Member of Advisory Board of Lingnan University Asia-Pacific Institute of Ageing Studies.

**Michael Lai** *MH, JP, RSW*

Mr Michael Lai Kam-cheung is an experienced welfare administrator in Hong Kong. He graduated from The University of Hong Kong in 1970 and he then worked for the Hong Kong Red Cross. Currently, he is Chief Executive Officer of St. James' Settlement, after serving as Superintendent of SKH St. Christopher's Children Home for 14 years. He has served on a number of Government's Advisory Boards and Committees (such as Central Policy Unit, Social Welfare Advisory Committee, Elderly Commission, Urban Renewal Authority and Town Planning Board), the Commission on Strategic Development, the Council for Sustainable Development and the Appeal Board on Closure Orders.

Michael has been active in the civil society scene in Hong

Kong, and through his work in St. James' Settlement, he has established a number of community projects to mitigate social problems in the community. In recent years, he has actively involved in applying a "People First" approach in social/urban regeneration and steered the establishment of an inter-discipline centre of community regeneration.

**Lam Ching-choi** *BBS, JP, MBBS, MRCP, DCH, FHKCP, FHKAM, FHKCCM, FRCP*

Dr Lam Ching-choi, a pediatric and community medicine specialist, graduated from The University of Hong Kong in 1985. He is now Chief Executive Officer of Haven of Hope Christian Service - a non-profit making organisation providing healthcare, education and social services. Under his leadership, Haven of Hope pioneered the concept of "Healthy City" in Sai Kung District ten years ago, and was recognised as one of the few NGOs in the world successfully doing this in their local communities.

Currently, Dr Lam is a Member of the Elderly Commission, Social Welfare Advisory Committee, Community Investment & Inclusion Fund Committee, Public Complaints Committee (Hospital Authority) and Lingnan University. He advocates a holistic care model by integrating medical and social services to address all equally important aspects of God-created life. He also serves in the board of a number of international NGOs.

**Cindy Lam** *MBBS, MD, MCGP, FRCGP, FHKAM, Specialist in Family Medicine*

Professor Cindy Lam is Clinical Professor and Head of the Family Medicine Unit at The University of Hong Kong

and Chief Censor of the Hong Kong College of Family Physicians. She graduated with an MBBS degree and obtained an Doctor of Medicine (MD) degree from The University of Hong Kong. She is a specialist in family medicine, a Fellow in Family Medicine of the Hong Kong Academy of Medicine and a Fellow of the Royal College of General Practitioners.

Professor Lam has worked as an academic family physician for over twenty years with a special interest in health-related quality of life (HRQOL), mental health and primary health service utilisation. She has published more than 160 refereed journal articles and book chapters. She actively promotes primary care research in Hong Kong and is a member of the Research Council and an Executive Member of the Grant Review Board of the Food & Health Bureau, the Government of the Hong Kong Special Administrative Region. Internationally, she is a member of the Research Working Group of WONCA (World Organization of Family Doctors).

**Dorothy Lau** *BBS, JP, BSSc, MTS, RSW*

The Reverend Dorothy Lau is Director of Hong Kong Sheng Kung Hui Welfare Council. Being an experienced social worker and administrator, she has transformed the Council from a coordination body under Hong Kong Sheng Kung Hui to a multi-service non-government organisation (NGO) in Hong Kong. Under her leadership, the Council has been expanding to be one of the three largest NGOs, which provides a wide spectrum of services and pioneers innovative projects to meet the emerging needs of the community in Hong Kong and Macau. To share the practice wisdom with the sector, she also initiates consultancy service and training package to the welfare agencies in mainland China. The Council is well recognised and received from the social service sector

for its management and human resource initiatives. For instance, the "Total Quality Management" programme has been launched to encourage creativity and enhancement of service quality, and the "Caring Journey" programme creates opportunities for staff to explore the meaning of life and to achieve spiritual growth.

In view of her expertise in social work profession, Reverend Lau has been invited to serve in various Government Committees and Commissions concerning with welfare policies and development.

**Ngai Kong-yiu** *BSocSc, MSc, Dip, Cert, RSW*

Mr Samuel Ngai Kong-yiu is Executive Director of Evangelical Lutheran Church Social Service – Hong Kong. He has extensive experience in human resource management and social service planning. In 2006-08, Mr Ngai had been elected Chairman of the Specialised Committee of Elderly Service of Hong Kong Council of Social Service. One of the achievements in his term was to promote the Hong Kong Plan of Action on Ageing in engaging various parties, such as government departments, NGOs, professional associations and political parties, to improve the quality of life of older people. Currently, Mr Ngai also serves as a member of advisory board of various social work training institutions, sub-committee of social worker registration board and Hong Kong Council for the Accreditation of Academic and Vocational Qualification.

**Barbara Starfield** *BA, MD, MPH*

Professor Barbara Starfield, a physician and health services researcher, is University Distinguished Professor and Professor of Health Policy and Pediatrics at Johns Hopkins University. She is internationally known for

her work in primary care; her books, *Primary Care: Concept, Evaluation, and Policy* and *Primary Care: Balancing Health Needs, Services, and Technology*, are widely recognised as the seminal works in the field. She has been instrumental in leading projects to develop important methodological tools, including the Primary Care Assessment Tool, the CHIP tools (to assess adolescent and child health status), and the Johns Hopkins Adjusted Clinical Groups (ACGs) for assessment of diagnosed morbidity burdens reflecting degrees of co-morbidity. She was Co-Founder and the first President of the International Society for Equity in Health, a scientific organisation devoted to furthering knowledge about the determinants of inequity in health and ways to eliminate them. Her work thus focuses on quality of care, health status assessment, primary care evaluation, and equity in health. She is a Member of the Institute of Medicine and has been on its governing council, and has been a Member of the National Committee on Vital and Health Statistics and many other government and professional committees and groups. She has a BA from Swarthmore College, an MD from the State University of New York, Downstate Medical Center, and an MPH from Johns Hopkins University School of Public Health.

**Sammy Tsoi** *BScPharm, MD, DOM, DFM, PDCG, FHKCFP, FRACGP, PDCPM*

Dr Sammy Tsoi obtained his Bachelor degree in Pharmacy and Medical Degree from the University of Manitoba, Canada. He then practised family medicine in Winnipeg, Manitoba and Toronto, Ontario before returning to Hong Kong to continue his family practice. He pursued further education in Hong Kong and obtained the following postgraduate titles which

include DFM (CUHK), DOM (CUHK), PDCG (HKU), PDCPM (HKU), FHKCFP (HK), and FRACGP (Australia). He is appointed Honorary Clinical Assistant Professor at The University of Hong Kong, Adjunct Associate Professor at The Chinese University of Hong Kong, examiner for the Conjoint Examination of The University of Hong Kong and University of Glasgow for the Postgraduate Diploma of Community Geriatrics, examiner for the Conjoint Examination of the Hong Kong College of Family Physicians and Royal Australian College of General Practitioners for the Fellowship titles. He is Chairman of the Alumni Association of Postgraduate Diploma in Community Geriatrics and Vice Chairman of the Association of Postgraduate Diploma in Community Psychological Medicine. Currently, he is a family physician in private practice in Tai Po.

**Samuel Wong** *MD, MD, MPH, CCFP, DFPH, FRACGP*

Professor Samuel Wong joined The Chinese University of Hong Kong as Clinical Assistant Professor in 2003. Currently, he is Associate Professor and Head of the Division of Family Medicine and Primary Healthcare, School of Public Health and Primary Care. He received his doctor of medicine degree from the University of Toronto and completed his residency training in Family Medicine at Dalhousie University, Canada in 2001. He completed his Master of Public Health at the Johns Hopkins University in 2008 and his doctor of medicine (MD) research degree at The Chinese University of Hong Kong in 2009.

He is a certificant member of the Canadian College of Family Practice and a Fellow of the Royal Australian College of General Practitioners. He also serves as Editor of the *Hong Kong Practitioner*, the official journal of the Hong Kong College of Family Physicians.

His research interests include mental health and men's health and he has published more than 40 peer-reviewed manuscripts in peer-reviewed international journals.

**Jean Woo** *MA, MD, MB BChir, FRCP, FRCPE, FRACP, FHKAM*

Professor Jean Woo graduated from Cambridge University in 1974. After medical posts in the Charing Cross, Hammersmith, and Brompton Hospitals, she worked in part time posts in general practice as well as research in The University of Hong Kong. She joined the Department of Medicine at The Chinese University of Hong Kong in 1985 as Lecturer responsible for the development of the teaching and service in Geriatric Medicine, becoming Head of the Department in 1993 until 1999, Chief of Service of the Medicine and Geriatric Unit at Shatin Hospital from 1993, and Chair Professor of Medicine in 1994. From 2000-2006, she was Head of the Department of Community and Family Medicine, and from 2001-2005, Director of the newly established School of Public Health. Currently, she heads the Division of Geriatric Medicine of the Department of Medicine and Therapeutics, and is Chief of Service (General) of the Medicine and Geriatric Unit at Shatin Hospital and Honorary Professor, Faculty of Social Sciences, The University of Hong Kong. Her research interests include chronic diseases affecting elderly people, health services research, nutrition epidemiology, quality of life issues at the end of life, with over 400 articles published in peer-reviewed indexed journals.