

About CADENZA: A Jockey Club Initiative for Seniors

CADENZA: A Jockey Club Initiative for Seniors, is a \$380 million and 5-year project initiated and funded by The Hong Kong Jockey Club Charities Trust, in light of a rapidly ageing population. Faculty of Social Sciences, The University of Hong Kong and Faculty of Medicine, The Chinese University of Hong Kong are the project partners. It aims at creating an elder friendly community which fosters positive community attitude towards older people and continuously improves the quality of care and quality of life for Hong Kong's elderly.

CADENZA is an acronym for "Celebrate their Accomplishments: Discover their Effervescence and Never-ending Zest as they Age." In classical music, a 'Cadenza' is an extended virtuosic section, usually near the end of a movement in a concerto. The word is used here in a figurative context to describe the apex of one's life and the celebration of a lifetime's accomplishments.

CADENZA has 6 major project components:

1. Community Projects are innovative and sustainable service models to cope with changing needs of seniors.
2. Research Training Workshop is to nurture academic leadership in social gerontology.
3. Research is to advance gerontological knowledge and to evaluate the outcomes of different CADENZA projects.
4. Public Awareness seeks to promote positive ageing and highlight important issues pertaining to elderly population, covering 6 major themes:
 - (i) health promotion and maintenance,
 - (ii) health and social services in Hong Kong,
 - (iii) living environment,
 - (iv) financial and legal issues,
 - (v) quality of life and quality of dying, and
 - (vi) age disparities.
5. Symposium is to provide a platform where the overseas and local experts can exchange new insights in the understanding of ageing issues.
6. Training includes on-line courses, workshops and public seminars to train different levels of professional front-line workers, care givers and the general public.

CADENZA Symposium 2008: Successful Ageing

11 October, 2008 (Saturday)

OPENING REMARKS

0915 Welcoming Remarks

Professor John G Malpas
Pro-Vice-Chancellor
The University of Hong Kong

0920 Opening Address

Mr Winfried Engelbrecht-Bresges
Chief Executive Officer
The Hong Kong Jockey Club

0925 Officiating Address

Mr Matthew Cheung Kin-chung GBS, JP
Secretary for Labour and Welfare
Labour and Welfare Bureau

0935 Souvenirs Presentation

0945 Keynote Address

Dr the Hon Leong Che-hung GBS, JP
Chairman
Elderly Commission

1000 BREAK

Part 1: Definitions and Influence of Socioeconomic Factors, Gender and Health Service Provisions

Moderator: **Dr Doris Yu** CADENZA Fellow

1010 Definitions of Successful Ageing

Professor Ann Bowling
Health Services Research
University College of London

1050 The Hong Kong Chinese Perspective

Professor Ng Sik-hung
Professor (Chair), Department of Applied Social Studies
City University of Hong Kong

1120 Q & A

1130 BREAK

Moderator: **Ms Lisa Low** CADENZA Fellow

1150 Influence of Socioeconomic Factors,
Gender and Health Service Provisions

Professor Shah Ebrahim
Public Health
London School of Hygiene & Tropical Medicine
University of London

1230 Well-being Indicators: How Does Hong Kong
Compare with Other Countries

Dr Pui-hing Chau
Research Assistant Professor
CADENZA

1300 Q & A

1310 LUNCH

Part 2: An Elder Friendly Environment

Moderator: **Dr Jenny Chung** CADENZA Fellow

1430 Models of Community Care

Dr Daisy Dai
Chief Manager (Primary & Community Services)
Hospital Authority

1500 Bridging the Gaps in Service Provision

Dr Fung Hong
Cluster Chief Executive
Hospital Authority

1530 Q & A

1540 BREAK

1600 Telemedicine and Group Supportive
Programmes
(CDMSP, Chronic Disease, Fall Prevention)

Dr Elsie Hui
Senior Medical Officer, Medical & Geriatric Unit
Hospital Authority

1630 Technological Innovations:
Optimizing the Living Environment and Aids

Professor Joanne Chung
School of Nursing,
The Polytechnic University of Hong Kong

1700 Q & A

12 October, 2008 (Sunday)

Part 3: Public Health Aspects of Population Ageing

Moderator: **Dr Esther Chow** CADENZA Fellow

0930 Overview

Professor Shah Ebrahim
Public Health
London School of Hygiene & Tropical Medicine
University of London

1010 Implications for Hong Kong

Professor Jean Woo
Project Director
CADENZA

1050 Q & A

1100 BREAK

Moderator: **Dr Amy Chow** CADENZA Fellow

1120 Engaging the Public – Examples from Australia

Professor Helen Bartlett
Pro Vice-Chancellor (Gippsland)
Monash University

1200 Engaging the Public – Local Strategies

Professor Diana Lee
Professor of Nursing
Director, The Nethersole School of Nursing
The Chinese University of Hong Kong

1230 Q & A

1240 LUNCH

Part 4: Legal and Financial Aspects of Population Ageing

Moderator: **Dr Elsie Yan** CADENZA Fellow

1415 Enduring Powers of Attorney

Ms Alexandra Lo
Professional Consultant, School of Law
The Chinese University of Hong Kong

1445 Elder Abuse

Professor Catherine Tang
Deputy Head and Director
Clinical Psychology Programme
Department of Psychology
National University of Singapore

1525 Health Insurance for Older Populations

Mr Peter Chan
Chief Project Administrator
CADENZA

1555 Q & A

1605 CLOSING REMARKS

Powerpoint presentations will be uploaded to
<http://www.cadenza.hk> on 13 October, 2008