

恩悅軒
 社區綜合服務中心
 Hong Kong Sheng Kung Hui Welfare Council

Cadenza
 流金頌
 資助機構
 Funded by
 香港賽馬會慈善信託基金
 The Hong Kong Jockey Club Charities Trust

流金頌社區計劃-恩悅中風復康服務
經驗分享會
 2012年4月26日

**Cadenza Community Project –
 Transitional Care for Stroke Patients**
 “It Makes A Difference”

專科治療
 物理治療
 針灸
 心理輔導
 西醫診症
 言語治療
 職業治療

為出「風」後之
 經歷非一般「後康」之疾
後康

Joe SHAM Ka Hung
 Assistant Director
**Hong Kong Sheng Kung Hui
 Welfare Council**

Acknowledgement
 Service users and family
 The Hong Kong Jockey Club Charities Trust
 Cadenza Office
 Practitioners
 Others

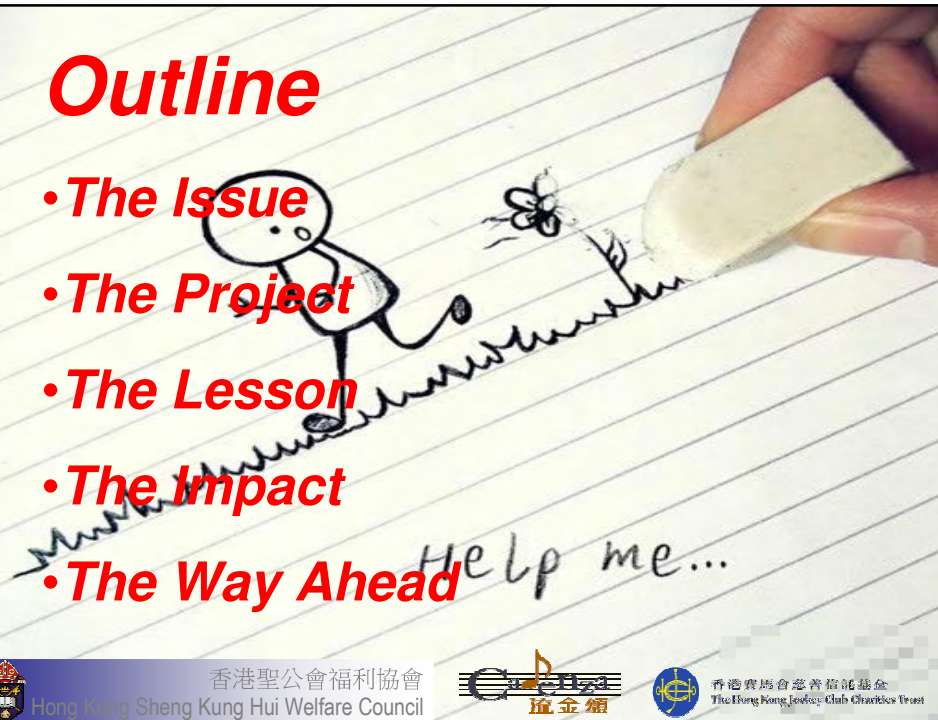
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Outline

- **The Issue**
- **The Project**
- **The Lesson**
- **The Impact**
- **The Way Ahead**



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The issue

- 4th leading cause to death
- 2nd most popular cause for admission to acute hospital
- **within 5 years post stroke:**
 - Mortality Rate: 40%
 - Chance of 2nd Stroke: 21%



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The Psychosocial Impact of Stroke

Lower functional independence

Chang, A.M., MacKenzie, A.E., & Dhillon, Y. (1999)

1/3 stroke survivors suffer Post-Stroke Depression (PSD) in the first 12 months after onset

Hackett, Anderson, House, & Xia. (2009)

Rated significantly lower mean levels of self-esteem

Vickery, C. D., Sepehri, A., & Evans, C. C. (2008).



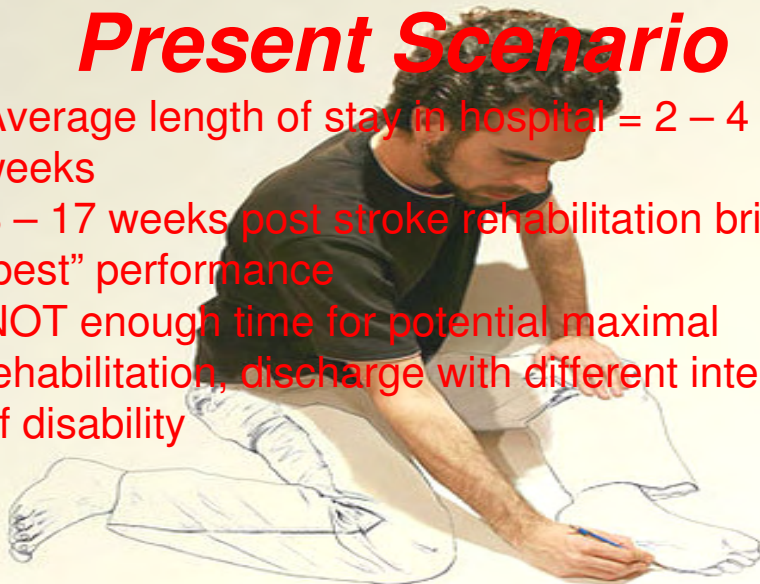
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Present Scenario

- Average length of stay in hospital = 2 – 4 weeks
- 8 – 17 weeks post stroke rehabilitation brings “best” performance
- NOT enough time for potential maximal rehabilitation, discharge with different intensity of disability



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恩悅軒 Hong Kong Sheng Kung Hui Residential Home For Elderly
 香港聖公會長者之家 - 恩悅軒 日間、住宿康健中心

CADENZA Community Project
 Transitional Care for Stroke Patients
流金頌社區計劃 - 恩悅中風復康服務
 1/4/2009-31/3/2012
 Day / Residential Programme

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 The Hong Kong Sheng Kung Hui Residential Home

Objectives

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Alternate Choice

- Care options for “affordable” users
- User-pay model

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Sharp and Prompt Response

Intensive and continuous rehabilitation programme maximizing the effect of **‘Golden Rehabilitation Period’**

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Characteristics



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Trans-disciplinary Team

Cadenza Team

Dietitian

Occupational Therapist

Physician

Physiotherapist

Nurse

Social Worker

Speech Therapist



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Full Spectrum of Services
 Besides trans disciplinary team, alternate treatment (acupuncture) and IT application were integrated

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Services
 Day / Residential Rehabilitation programme: (110mins / day, Monday-Saturday)
 Individual physiotherapy + acupuncture
 Individual occupational therapy

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 The Hong Kong Sheng Kung Hui Senior Citizens' Centre



Other Services

- Dietetic consultation
- Pathological monitoring
- Counseling to patients and family members
- Regular multi-disciplinary case conferences
- Carers training series
- Pre-discharge home visit with advice on home modifications and rehabilitation aids

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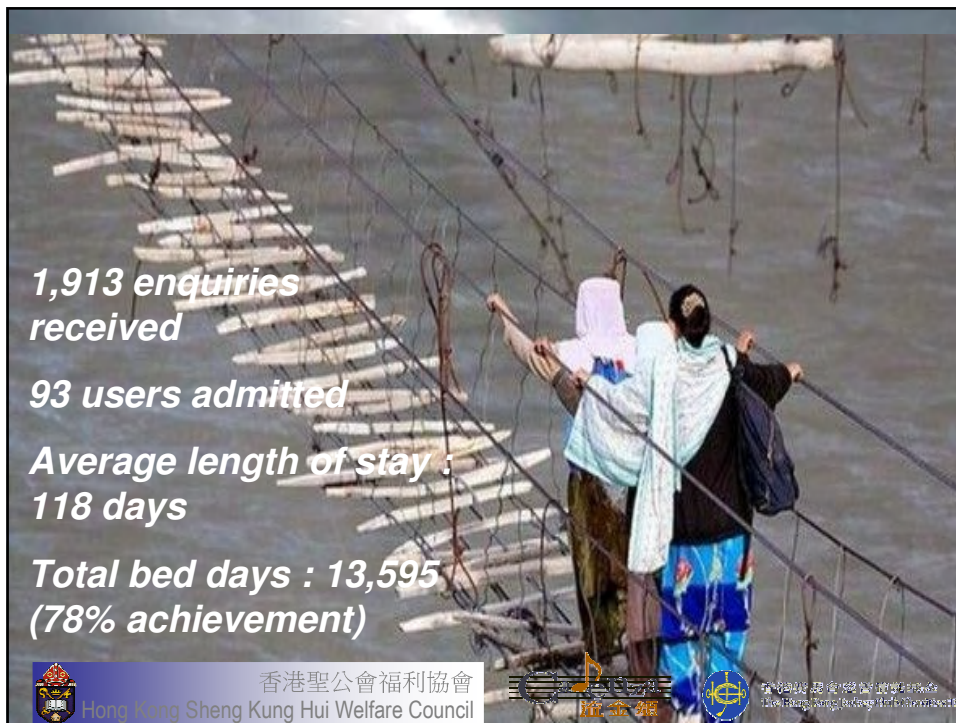
Target

- Cognitive impairment (mild/moderate level)
- Stroke patients with rehabilitation potential, (within one year post stroke period)
- No infectious diseases
- Emotionally calm

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1,913 enquiries received

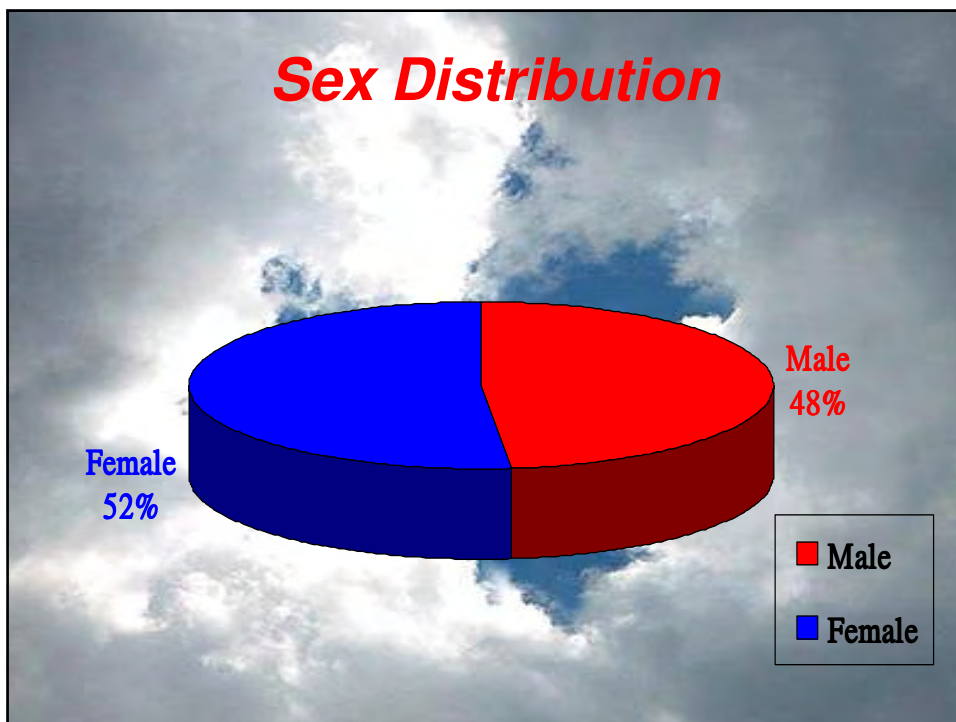
93 users admitted

Average length of stay : 118 days

Total bed days : 13,595 (78% achievement)

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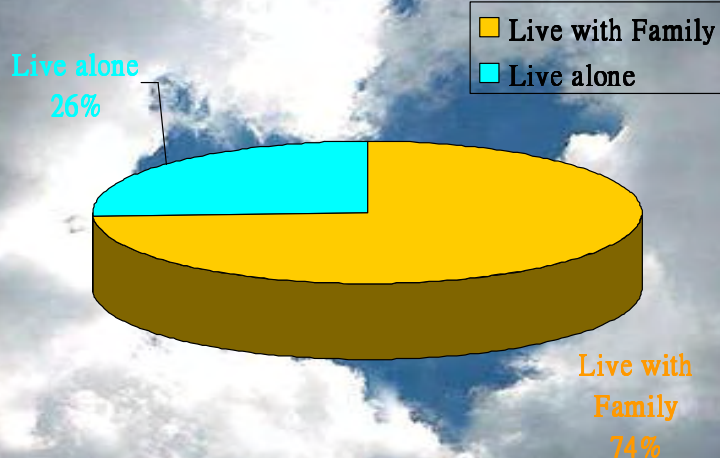
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Age Distribution



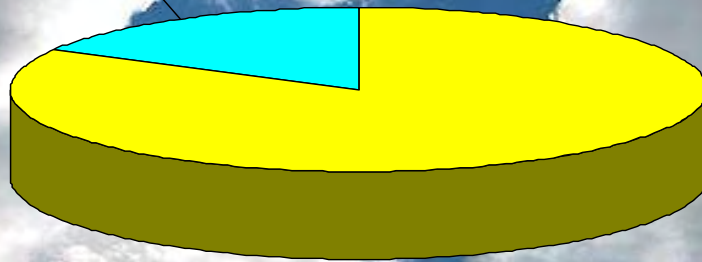
Living Arrangement



Source of discharge

Private Hospital
17%

Public Hospital
Private Hospital

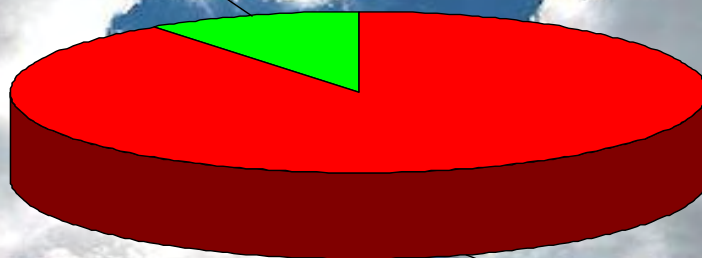


Public Hospital
83%

Source of referral

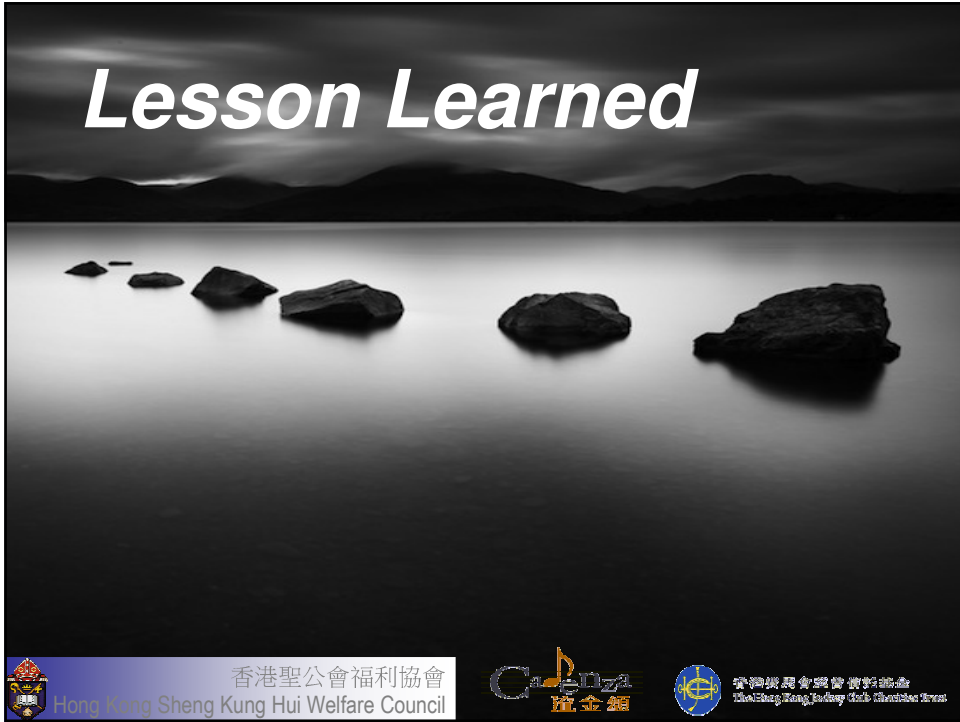
Referred by
Private Practice
Specialists/ GPs
10%

Self application
Referred by Private
Practice Specialists/ GPs



Self application
90%

Lesson Learned



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The Hong Kong Chinese Community Centre

