

Interdisciplinary Symposium

Active Interest for Successful Retirement

Successful transition is an important first step towards healthy aging. The promotion of different active interest to the soon-to-be-retired people and retirees can protect them from role loss and possible decline in mental health. This symposium provides a multidisciplinary platform for sharing innovative ideas on promoting active interest in big cities like Hong Kong.

PROGRAMME

Report on the efficacy of Active Interest Mentorship Scheme in helping soon-to-be-retired people and retirees to adjust to retirement

Dr. S.M. Ng, Assistant Professor, The University of Hong Kong; Director, HKU Family Institute

Ms. Natalie Cheung, Senior Manager, Hong Kong Christian Service, Employee Development Service

Promoting dance to elder persons in Hong Kong

Dr. Rainbow Ho, Director, Centre on Behavioral Health, HKU; Coach of Hong Kong Dance Sport Team

Promotion of Volunteering among Retired People

Ms. Flora Chung, CEO, Agency of Volunteer Service

Promoting healthy ageing & active interest in Ageing-in-place perspectives

Mr. Kenneth Au-Yeung, Centre Manager of Housing Society Elderly Resources Centre

Promoting active interest – Shenzhen experience

Prof. Song-guo Yi, Head, Department of Sociology, Shenzhen University

Cultivating Active Interests among employees

Mr. H S Chan, Senior HR Manager-Employee Relations, Compliance & HRIS, CLP Power Hong Kong Limited

Employers role in staff's retirement planning

Mr. Philip Wu, Manager (Staff Caring), Sun Hung Kei Properties

15 January 2013 (Tuesday) 2-5pm
2/F, Auditorium, Hong Kong Council of
Social Service, 15 Hennessy Road, Wanchai

Free of Charge!

Enquiry: 2831 5181

Please email personal information
(Name, Organization/Position,
Contact number) to Miss Rachel Lam
at hkufi@hku.hk for registration.

The symposium will be conducted in Cantonese supplemented with Putonghua.

**Academia, HR managers, policy makers, practitioners in elderly,
healthcare & social services, and any parties interested in active interest are welcome!**

捐助機構
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