Interdisciplinary Symposium
Active Interest for Successful Retirement

Successful transition is an important first step towards healthy aging. The promotion of different active interest to the soon-to-be-retired people and retirees can protect them from role loss and possible decline in mental health. This symposium provides a multidisciplinary platform for sharing innovative ideas on promoting active interest in big cities like Hong Kong.

**PROGRAMME**

*Report on the efficacy of Active Interest Mentorship Scheme in helping soon-to-be-retired people and retirees to adjust to retirement*
Dr. S.M. Ng, Assistant Professor, The University of Hong Kong; Director, HKU Family Institute
Ms. Natalie Cheung, Senior Manager, Hong Kong Christian Service, Employee Development Service

*Promoting dance to elder persons in Hong Kong*
Dr. Rainbow Ho, Director, Centre on Behavioral Health, HKU; Coach of Hong Kong Dance Sport Team

*Promotion of Volunteering among Retired People*
Ms. Flora Chung, CEO, Agency of Volunteer Service

*Promoting healthy ageing & active interest in Ageing-in-place perspectives*
Mr. Kenneth Au-Yeung, Centre Manager of Housing Society Elderly Resources Centre

*Promoting active interest – Shenzhen experience*
Prof. Song-guo Yi, Head, Department of Sociology, Shenzhen University

*Cultivating Active Interests among employees*
Mr. H S Chan, Senior HR Manager-Employee Relations, Compliance & HRIS, CLP Power Hong Kong Limited

*Employers role in staff’s retirement planning*
Mr. Philip Wu, Manager (Staff Caring), Sun Hung Kei Properties

Free of Charge!
Enquiry: 2831 5181
Please email personal information (Name, Organization/Position, Contact number) to Miss Rachel Lam at hkufi@hku.hk for registration.

15 January 2013 (Tuesday) 2-5pm
2/F, Auditorium, Hong Kong Council of Social Service, 15 Hennessy Road, Wanchai

The symposium will be conducted in Cantonese supplemented with Putonghua.

Academia, HR managers, policy makers, practitioners in elderly, healthcare & social services, and any parties interested in active interest are welcome!